

ABSTRAK

KECEMASAN DALAM MENGHADAPI PENILAIAN, KEPERCAYAAN DIRI DI SEKOLAH, DAN PERILAKU PROSOSIAL SISWA DITINJAU DARI KEIKUTSERTAAN SISWA DALAM PROGRAM BIMBINGAN BELAJAR

Penelitian dilakukan di SMA Kolese De Britto Yogyakarta

Antonius Jati Sakti Aji
Universitas Sanata Dharma
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Penelitian ini bertujuan untuk mengetahui apakah terdapat perbedaan kecemasan dalam menghadapi penilaian, kepercayaan diri di sekolah, dan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar. Penelitian ini merupakan penelitian komparatif yang membandingkan siswa yang mengikuti program bimbingan belajar dengan siswa yang tidak mengikuti program bimbingan belajar.

Penelitian dilaksanakan pada bulan Januari-Februari 2018. Populasi penelitian ini adalah seluruh siswa kelas X, XI, dan XII SMA Kolese De Britto Yogyakarta dengan jumlah 695 orang. Sampel penelitian ini adalah seluruh siswa kelas XII dengan jumlah 208 orang. Teknik pengambilan sampel menggunakan *purposive sampling*. Teknik pengumpulan data menggunakan kuesioner. Teknik analisis data dilakukan dengan uji t.

Hasil penelitian menunjukkan bahwa: 1) tidak terdapat perbedaan kecemasan dalam menghadapi penilaian ditinjau dari keikutsertaan siswa dalam program bimbingan belajar, 2) tidak terdapat perbedaan kepercayaan diri di sekolah ditinjau dari keikutsertaan siswa dalam program bimbingan belajar, 3) tidak terdapat perbedaan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar.

Kata Kunci: kecemasan, penilaian, kepercayaan diri, perilaku prososial, bimbingan belajar

ABSTRACT

ANXIETY IN CONFRONTING ASSESSMENT, SELF CONFIDENCE IN SCHOOL, AND PROSOCIAL STUDENT BEHAVIOR PERCEIVED FROM STUDENT PARTICIPATION IN LEARNING GUIDANCE COURSE PROGRAM

A Research at SMA Kolese De Britto Yogyakarta

*Antonius Jati Sakti Aji
Sanata Dharma University
2018*

This research aims to find out whether there are some differences of anxiety in confronting assessment, self confidence in school, and prosocial student behavior perceived from student participation in learning guidance course program. This research is a comparative study which compares students who follow learning guidance course program to students who do not follow learning guidance course program.

This research was conducted from January to February 2018. The population of this research were 695 students of the tenth, eleventh, and twelfth grade in SMA Kolese De Britto Yogyakarta. The research samples were all of students of the twelfth grade which covered 208 respondents. The technique collecting sample was purposive sampling. The collecting data was questionnaire. The data analysis technique was t test.

The result of data analysis shows that: 1) there is not a difference of anxiety in confronting assessment perceived from student participation in learning guidance course program, 2) there is not a difference of self confidence in school perceived from student participation in learning guidance course program, 3) there is not a difference of prosocial student behavior perceived from student participation in learning guidance course program.

Keywords: *anxiety, assessment, self confidence, prosocial behavior, learning guidance course program.*